

LifeSong

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Weekly Devotional

It is not good!

by Mark A. Segraves

The creation account of Genesis 1 and 2 describes the divinely imaginative work of the Almighty God. Repeatedly, He looks at the works of His spoken word and powerful hand and declares, "It is good!" The moon is good. The sun is good. The cow is good. The grass is good. The trees are good. On and on, God created and declared, "It is good!" But the first negative aspect of God's creative work is unveiled in this statement: "It is not good that man should be alone..." (Genesis 2:18). I'm in complete agreement. My wife and daughter left yesterday to visit her family for a few days and am I incomplete!

I was not created to be alone. Edwin Louis Cole says occasional aloneness can be a healthy thing, but loneliness is decidedly not a good thing. I do not like when Robin is gone. I feel incomplete. Funny thoughts remain unexpressed. Good ideas have no sounding board. Arms have no one to hug. I cannot tell you how thankful I am for cell phones! At least I can hear her voice once in a while. Isn't it amazing? The first thing God declared not good was a man alone! In fact, He later inspired a biblical author to pen these words: "He who finds a wife finds a good thing and obtains favor from the LORD" (Proverbs 18:22, NASB).

One of the unhealthiest things you can do, especially when times are tough, is isolate yourself from the important relationships in your life. It is even more devastating during such times if you isolate yourself from God. While it is "not good" for a man to be alone in terms of human relationships, it is death to separate from God. We need each other. We need God much more. You can't really get away from Him anyway, for it's in "him we live, and move, and have our being" (Acts 17:28), but we are often guilty of turning off our awareness of His presence. When this happens, we are an easy target for hopelessness. But wake up today to the best thing in this life! If you will take a moment to connect with Him, you will find burdens lighter, crises less catastrophic and life "all kinds of good!"

Prayer: Holy God, You are the greatest! There is no one like You. I find my hope in You. Life is only good when I'm connected to You. Thanks You! In Jesus' name, Amen!

Point to Ponder: How can I stay connected to God even though I want to run when I fail?



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